



Share your cancer story. It can save lives.



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My name is Henry. I was diagnosed with stage 4 colorectal cancer at age 47. Earlier this year, I had blood in my stool, but I ignored it. I was always tired, but I was working 12-hour shifts and just didn't have time to go to the clinic. I finally decided to see my doctor after getting a colorectal cancer screening pamphlet at church. Because of my symptoms, my doctor told me I needed a colonoscopy right away. The results showed I had cancer.

Trust your body. Looking back, I wish I had made the time to get screened when my doctor first recommended it when I turned 45. Keep fighting the fight. I'm here today because cancer did not win. I did!

**Learn more about colorectal cancer and screening options at www.cancer.org.
Talk to your doctor today!**

This publication is supported by the Centers for Disease Control and Prevention of the U.S. Department of Health and Human Services (HHS) as part of a financial assistance award totaling \$425,000 with 100 percent funded by CDC/HHS. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement by, CDC/HHS, or the U.S. Government.

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