

COLORECTAL CANCER CAN BE PREVENTED

Honor God by taking care of your body. Get screened for colorectal cancer!



1 in 24

people in the United States will be diagnosed with colorectal cancer in their lifetime



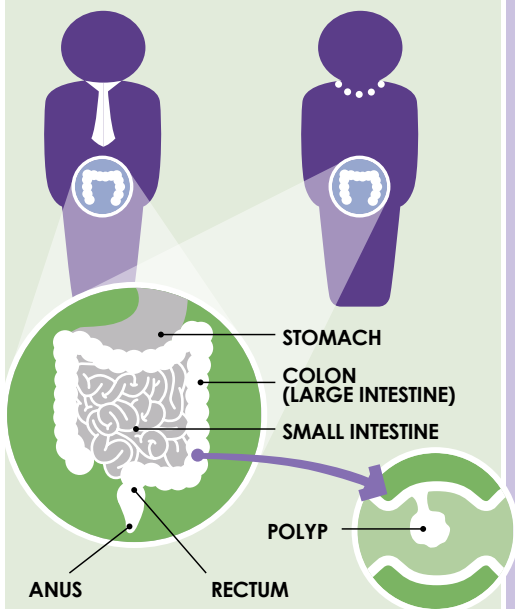
52,550 people in the United States will die from colorectal cancer this year

Take control of your health.

Get tested today!

What is colorectal cancer?

The colon, also known as the large intestine, is part of the digestive system. Colorectal cancer occurs when small growths called polyps form on the inner walls of the colon and rectum, and grow into cancer.



Most people with polyps — and most people with colorectal cancer — have no symptoms. If polyps are found early, they can be removed, before they become cancer.

When should I get tested?

Men and women need to get tested for colorectal cancer starting at age 45 even if they feel healthy.



Complete the test today.
It could save your life!

Getting tested on time can prevent colorectal cancer or find early forms of cancer that can be treated.



EARLY STAGE

9 OUT OF **10** ARE ALIVE
5 YEARS AFTER DIAGNOSIS



LATE STAGE

1 OUT OF **10** ARE ALIVE
5 YEARS AFTER DIAGNOSIS

How do I get tested?

You can complete a simple at-home test, called a FIT. If the test finds hidden blood in your stool (poop), you may need a second test, called a colonoscopy. A colonoscopy can find and remove polyps in your colon before they become cancer.



AGE 45-75

FIT TEST

NORMAL
(no blood)

ABNORMAL
(blood)

COLONOSCOPY

ABNORMAL **NORMAL**

NEXT SCREENING:
1
YEAR

NEXT SCREENING:
3-5
YEARS

NEXT SCREENING:
10
YEARS

SOURCE: American Cancer Society

YOUR FAITH, YOUR HEALTH

Honor God by taking care of your body.

Do you not know that your body is THE TEMPLE OF THE HOLY SPIRIT who is in you, whom you have from God, and you are not your own? (I Corinthians 6:19)

Time Management

Be very careful, then, how you live – not as unwise but as wise, making the most of every opportunity, because the days are evil. (Ephesians 5:15-16)

Eat Right and Rehydrate

Do not join those who drink too much wine or gorge themselves on meat. (Proverbs 23:20)

Manage Yourself

Therefore, I urge you, brothers and sisters, in view of God's mercy, to offer your bodies as a living sacrifice, holy and pleasing to God – this is your true and proper worship. (Romans 12:1)

Plenty of Rest and Sleep

...he said to them, "Come with me by yourselves to a quiet place and get some rest." (Mark 6:31)

Live for the Lord

So whether you eat or drink or whatever you do, do it all for the glory of God. (I Corinthians 10:31)

Encourage Others to do the Same

Therefore encourage one another and build each other up, just as in fact you are doing. (I Thessalonians 5:11)

Talk to your doctor about the right colorectal cancer screening test for you. For more information, visit cancer.org